

Maintaining Our Lineages

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(Reprinted from the 2005 Jin Shin Do® Networker)

Many schools of Asian Bodywork Therapy use the same points and channels. What is it that make each school different from the other? How do we preserve and transmit these essential differences? How do we maintain, over time, the integrity and unique focus of our lineages? In my classes, I talk about honoring the lineage.

It is interesting, the unique quality that is transmitted through JSD. Organizers of my classes have noted how much more compassionate their students' touch is after taking just Basic Jin Shin Do® – how they are more in their hearts, less in their heads.

I attribute this to the wonderful (and I think often overlooked) feature of JSD: the *teaching method* Iona has created. Information is added incrementally, building on the foundation of the previous classes. The sequence of things allows people to stay in their hearts and experience giving and receiving from that perspective. A lot of deep healing takes place in the context of the classes. I think the students realize that they are in the presence of something unique. I talk about “Do” as Tao: how important it is, how it denotes a path of personal (spiritual) development as well as a way of helping other people. I think they all understand that from their experience, and they seem to be grateful to be doing Jin Shin Do. The students always come up to give me a hug as I dash for my car after class, and they thank me for coming up to teach them.

I think that we need to hold our banner high, and keep letting the world know that Jin Shin Do® is something special, accessible, profound, and amazing.